

# Disclaimer



The Anti-Bullying Alliance coordinate Anti-Bullying Week each year in England and Wales. You can find further free resources for Anti-Bullying Week on their website. ABA also have free anti-bullying resources available for schools:

- **CPD anti-bullying online training courses**
- Become a United Against Bullying School and enroll on ABA's free whole-school **anti-bullying programme** today

Sensitive and/or upsetting topics may emotionally impact your students due to past experiences. You should consider whether this content is appropriate and ensure adequate support is available for anyone affected.



**B B C Teach**  
**Live Lessons**

**ANTI-BULLYING**  
**ALLIANCE**

# Reaching Out Role Play Cards

**REACH  
OUT**  
#ANTIBULLYINGWEEK



BBC Teach

**Live Lessons**

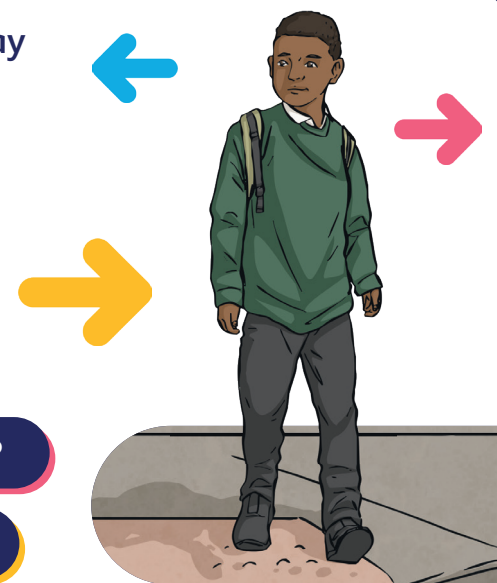


**ANTI-BULLYING  
ALLIANCE**

Twinkl Quality Standard Approved.

Torin is being bullied on his way to school. Every day he has to walk past the same group of children who snatch his bag away from him, push him and say unkind things to him.

He feels upset and frightened.



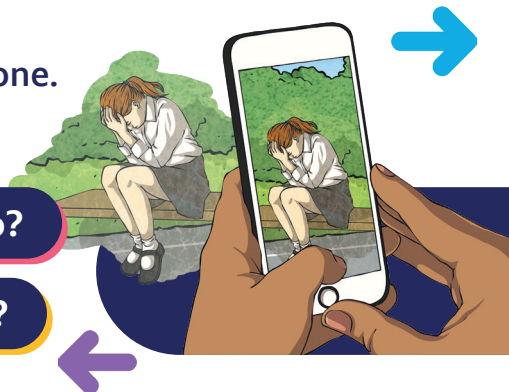
**Who could Torin reach out to?**

**Who could reach out to him?**

Make a role play to show one way that reaching out could help.

Matty is upset about pictures that have been shared of them on a messaging app. A friend took a photo that has been shared on the app and lots of people have made unkind comments and have changed the image in an unkind way.

Matty feels sad, angry and alone.



**Who could Matty reach out to?**

**Who could reach out to them?**

Make a role play to show one way that reaching out could help.

Jacinda is feeling very lonely. She had a very close group of friends but they have started a rumour about her that everyone in their class has now heard. People are laughing at her and have stopped letting her join in their games.

Jacinda feels lonely and now has no confidence.



**Who could Jacinda reach out to?**

**Who could reach out to her?**

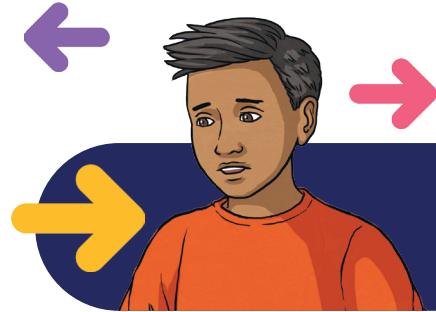
Make a role play to show one way that reaching out could help.

Fabio goes to the local park and enjoys playing with his friends. Recently when he has been, a group of older children have been there too. They have heard Fabio's friends calling his name and have started to make fun of it. They tease him and call him names that are disrespectful and upsetting.

Fabio feels worried and angry.

**Who could Fabio reach out to?**

**Who could reach out to him?**



Make a role play to show one way that reaching out could help.